



Saturday, 14 September 2024

10.00am – 6.00pm

# SPONSOR FORM 2024 for .....

I hope to cycle/stride to .....churches.

I will be welcoming participants to our church.

initials & Surname of Sponsor	House Number or Name	Postcode	Please claim tax refund on my gift ✓	Amount		Date Collected (Cheques payable to <b>Ride &amp; Stride</b> or <b>The Friends of Kent Churches</b> )
				For each church visited	TOTAL	
Specimen Entry I R KENT	47	CD2 2KT	✓	£1.00		
<b>TOTAL</b>						

**STOP PRESS:** The Nightingale Trust has made a very generous offer to Kent Riders and Striders 2024! Be one of the first 25 visitors to St Giles, Wormshill and/or Murston Old Church in the Sittingbourne Area and another £20 will be added to your total sponsorship for each of these visits.

**PLEASE ENCOURAGE ALL SPONSORS TO CONTRIBUTE BY WAY OF GIFT AID IF THEY ARE ELIGIBLE**  
 We can only reclaim Gift Aid (an additional 25p for every £1 given), if sponsors enter their Name, House Number and Postcode and **PUT A TICK IN THE 4th COLUMN** to confirm that they are a UK Income or Capital Gains taxpayer.  
 The total amount donated and the date of payment should also be shown. A signature is not required.  
 (For sponsorship money to qualify for a Gift Aid tax refund, sponsors must pay Income tax and/or Capital Gains tax in the current tax year at least equal to the amount of Gift Aid claimed on all of their donations)

## PARTICIPANT'S DETAILS

Groups MUST give details of a lead person below AND state how many are in the group

\* This information is needed for R&S to claim gift aid on your sponsorship money

*FIRST NAME:	*LAST NAME:
*HOME ADDRESS:	
*Postcode:	
EMAIL:	Parent's Signature if under 18 years old
1. Indicate whether you are Riding <input type="checkbox"/> , Striding <input type="checkbox"/> , &/or Welcoming Participants <input type="checkbox"/> (tick all that apply)	
2. Tick if you have set up a <u>JustGiving</u> Fundraising page for The Friends of Kent Churches <input type="checkbox"/> Indicate which church you are supporting on your fund raising page, and tell your local organiser!	
Indicate which church/chapel you wish to receive half of your sponsorship money:	
Town/Village:	Church/Chapel:
My local organiser is:	
If you download this form from the website and are not sure who your local organiser is please email Rosemary Dymond: <a href="mailto:kent.rs.countyorg@gmail.com">kent.rs.countyorg@gmail.com</a> for details.	

### ADVICE TO PARTICIPANTS

1. Please complete ALL the information requested at the top of this page.
2. Make sure that your Local Organiser knows that you are taking part.  
If you are riding to support the Friends of Kent Churches but not wishing to support a particular church with 50% of your sponsorship money, and therefore have no local organiser, please contact our Treasurer for details of how to pass on your forms and sponsorship money: Susan Hooper. [KentRideandStrideTreasurer@gmail.com](mailto:KentRideandStrideTreasurer@gmail.com)
3. Wear a Sticker Badge, available from your Local Organiser or at your first church or chapel visited.
4. Study and conform to the requirements of the Highway Code. Ensure that your bicycle is in a roadworthy condition before starting to ride. Friends of Kent Churches strongly advise wearing cycle helmets.  
See: <http://www.gov.uk/guidance/the-highway-code/rules-for-cyclists-59-to-82>
5. Plan your route for the day, not only to achieve a large number of church visits but also to enable you to explore some of the many beautiful areas of Kent. Leave details of your route with someone at home.
6. If a church is listed as open, but due to unforeseen circumstances is closed, riders and striders may count this church in their total. If there is a Welcome Form posted outside a closed church please sign it!
7. The Friends of Kent Churches accept no liability in respect of death or injury sustained by any participant, or damage to property. If participants wish to have insurance cover, they must make their own arrangements.
8. Riding or striding on a day other than the second Saturday in September is not part of the official event promoted by the Friends of Kent Churches and fewer churches are likely to be open.
9. Participants under the age of 18 years should seek parental consent before joining the Ride & Stride.
10. Further copies of this form can be downloaded from the website if you need more room for sponsors!

**After your ride/stride/welcome please collect your sponsorship money. Return this form with your CHURCHES AND CHAPELS VISITED FORM and your SPONSOR MONEY to your Local Organiser by the end of October.**  
**Cheques should be made payable to Ride & Stride or to The Friends of Kent Churches**